

Our National Emblem

The bald eagle is our National Emblem. It only lives in North America. At one time, the word “bald” meant “white,” not hairless. All adult bald eagles have white heads. They have a wing span of 6 to 8 feet and are one of the largest birds in the U.S. Females are larger than males.

Bald eagles live near water. They eat mostly fish. Sometimes they will eat small animals. Bald eagles swoop down to seize fish in their powerful, long and sharp talons. They can carry their food off in flight, but can only lift about half their weight. If the fish is too large to lift, bald eagles can swim short distances using their large wings as paddles.

